

**Sickle Cell Disease  
Association of America  
Miami-Dade County Chapter, Inc.**



**5K  
WALK, RUN  
For Sickle Cell America**

**Saturday, March 21, 2009**

**Dolphin Stadium  
2269 NW 199th Street  
Miami Gardens, Florida  
8:00 a.m.**

**Theme: Medicine, Science and  
Community Working Together  
For A Cure**



**SICKLE CELL DISEASE**

Sickle Cell Disease is an inherited, chronic blood disorder that affects approximately 72,000 Americans. Normal red blood cells are round like doughnuts, and they move through small blood tubes in the body to deliver oxygen. Sickle red blood cells become hard, sticky and shaped like sickles used to cut wheat. When these hard and pointed red cells go through the small blood tube, they clog the flow and break apart. This can cause pain, damage and a low blood count, or anemia.

Sickle Cell Disease is inherited from both parents who may be carriers of the sickle cell trait or parents with sickle cell disease. One cannot catch it. A person is born with the sickle cell hemoglobin and it is present for life. The person who inherits the sickle gene from only one parent and the normal form of that gene from the other parent has Sickle Cell Trait. Over 2.5 million Americans have Sickle Cell Trait; however, Sickle Cell trait is not a disease. Nationwide, the sickle cell trait is present in 1 in 12 African Americans, 1 in 30 Hispanics and 1 in 500 people have the disease.

With a population of almost 2.4 million in Miami-Dade County, it is estimated that there are nearly 2,500 patients with Sickle Cell Disease. The continuing growth of immigrants and minorities is also impacting the growing presence of this disease.

Sickle Cell Disease is in many nationalities including African Americans, Arabs, Greeks, Italians, Latin Americans, and those from India. You can be Caucasian and have Sickle Cell Disease or Trait. All races should be screened for this hemoglobin at birth. A simple blood test called hemoglobin electrophoresis can be done by your doctor or at SCDA Miami-Dade County Chapter. This test will tell if you have the disease.

SCDAA Miami-Dade County Chapter provides free educational presentations on Sickle Cell Disease. Persons interested in having the organization speak to groups about the disease or want more information should call the office at 305-324-6219 to schedule.



**Sponsorship Opportunities**

**Levels of Participation**  
Mounted Signs will be placed along the course with your name and/or organization.

**Course Opportunities**

_____	Start Line	\$500
_____	1 <sup>st</sup> Water Station	\$750
_____	2 <sup>nd</sup> Water Station	\$1,000
_____	Finish Line	\$1,500
_____	Mile Markers/Corner Turns <i>(6 available)</i>	\$500
_____	Straightway <i>(Several available)</i>	\$250

**Other Opportunities**

_____	Band Sponsor	\$1,000
_____	Transportation Sponsor	\$750
_____	Awards Sponsor <i>(Several available)</i>	\$500

This amount must be paid on or before Monday, March 9, 2009. The name and/or company must be submitted by March 9, 2009.

**Please contact us at :**  
Sickle Cell Disease Association of  
America, Miami-Dade  
County Chapter, Inc.  
794 NW 18 Street • Miami, FL 33136  
Phone: (305) 324-6219  
Fax: (305) 324-6285

Sickle Cell Disease Association of America  
Miami-Dade County Chapter, Inc.  
794 NW 18 Street  
Miami, FL 33136

Sponsors:



## RACE DAY

The 30th Annual Sickle Cell Walk/Run will be a championship-timed 5K. This will serve as the perfect tune-up for those preparing to run a marathon.

The first 400 participants who pre-register will receive a commemorative t-shirt.

Prizes will be awarded in various categories, to include but not be limited to: Top 3 overall race finishers-male/female, Top 3 race finishers-male/female in age groups (14 and under, 15-19, 20-24, 25-29, 26-30, 31-35, 36-40, 41-45, 46-50, 51-55, 56-60, 61-65, 66-70, 70 and over), Team Scoring-Fastest Corporate Team. Fundraising Awards for Team with Most Participation and Highest Fundraising Team, School, Church, Community Organization and Individual.

After-the race, a Community Health Fair will feature healthcare booths offering their services and performing medical screenings. Families are welcome to enjoy games, clowns, bounce house, food and music.

Sponsorship opportunities are available from \$500 to \$20,000. Local vendors and businesses are welcomed to participate. Please contact us for further information.

### Contact Information:

Sickle Cell Disease Association of America  
Miami-Dade County Chapter, Inc.  
794 NW 18 Street  
Miami, FL 33136  
Phone: 305-324-6219  
Fax: 305-324-6785  
Email: sicklecellmiami@gmail.com  
Visit us at [www.sicklecellmiami.org](http://www.sicklecellmiami.org)  
to download forms or to pre-register.

Pre Registration: \$20.00  
Onsite Registration: \$25.00 (on day of the event)

## SICKLE CELL DISEASE ASSOCIATION OF AMERICA, MIAMI-DADE COUNTY

The Sickle Cell Disease Association of America (SCDAA), Miami-Dade County Chapter, Inc., in cooperation with the University of Miami Sickle Cell Center, reaches out to help all individuals and families affected by Sickle Cell Disease in the Greater Miami-Dade community.

The 2009 Walk/Run is about improving the quality of life for people with sickle cell disease and related illnesses. We invite you to join with us in making this event a successful one.

For more information please contact the Walk Coordinator, at 305-324-6219.

### HOW TO HELP

We are celebrating our 30<sup>h</sup> year of the Sickle Cell Walk/Run in Miami Dade County. We have been successful during the past Walks in raising needed dollars to support...

- ◇ Research and public education about Sickle Cell Disease and related disorders
- ◇ Testing and genetic counseling for individuals and families
- ◇ Effective and sensitive medical treatment of persons with the disease

You can help make this year's Walk successful by supporting us in these ways:

- ◇ Become a partner in the fight against sickle cell disease
- ◇ Pre-register online at [www.sicklecellmiami.org](http://www.sicklecellmiami.org).
- ◇ Collect tax deductible donations from other supporters and join us at the Walk on March 21st. Refreshments will be provided.
- ◇ Serve as a volunteer on the day of the Walk. Students will receive community service hours for participating in the Walk.

## Registration Form

### BRING THIS FORM WITH YOU WHEN YOU WALK!

TO REGISTER, PLEASE COMPLETE THIS FORM OR ONLINE AT <a href="http://WWW.SICKLECELLMIAMI.ORG">WWW.SICKLECELLMIAMI.ORG</a> . PLEASE PRINT				
WALKER'S FIRST NAME		WALKER'S LAST NAME		
ADDRESS/APARTMENT NUMBER		CITY	STATE	ZIP CODE
TELEPHONE NUMBER (H)	TELEPHONE NUMBER (W)		EMAIL ADDRESS	
COMPANY/SCHOOL/CLUB/ORGANIZATION/TEAM NAME	GRADE IF IN SCHOOL	GENDER	AGE	DATE OF BIRTH
OFFICE USE ONLY	TOTAL COLLECTED	VERIFIED BY:	Check One: <input type="checkbox"/> \$20 Pre-Registration Fee <input type="checkbox"/> \$25 Onsite-Registration Fee (No Sponsors) <input type="checkbox"/> Sponsors (See List)**	
<b>Walk Date:</b> <b>March 21, 2009</b>  <b>Location:</b> <b>Dolphin Stadium</b> 2269 NW 199th Street Miami Gardens, Florida  <b>Check-in Time:</b> 7:00 a.m.  <b>Walk Time:</b> 8:00 a.m. Sharp  <b>Distance:</b> 5 Kilometers (3.1 miles)	SPONSOR NAME	SPONSOR PHONE	DONATION AMT	TOTAL COLLECTED
	1.			
	2.			
	3.			
	4.			
	5.			
	6.			
	7.			
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	11.			
	12.			
	13.			
14.				
	TOTAL			
In consideration of the furtherance of your purposes, objectives, and work, and in consideration of your permitting me to participate in your event on behalf of myself, my heirs, executors, administrators, and assigns, I hereby waive and release any and all rights and claims for damages of all kinds which I may have against you, the organizers of the event (SCDAA Miami-Dade County Chapter, Dolphin Stadium, Race Timing and Coordinator), governmental entities through which the event will take place, as well as any other person connected with the event, their heirs, executors, administrators, successors, and assigns for any and all injuries or losses of any kind from injuries which I may suffer while taking part in the event or as a result thereof.				
WALK PARTICIPANT SIGNATURE		PARENT OR GUARDIAN SIGNATURE		
*Church, community organizations, governmental entities and schools are eligible to win participation awards. ** Collect donations from Sponsors prior to the day of the walk. Ask your sponsors to pay by check and to record your name on the bottom of the check on the Memo/Purpose line. Checks are to be made payable to the Sickle Cell Disease Association of America, Miami-Dade County Chapter, Inc.				
<b>All registration fees and donations must be turned in on or before the day of the walk.</b>				